



Mission and Philosophy

The All Saints Episcopal School Athletic Department supports the school’s mission by providing opportunities for each student to reach their maximum potential. Through Christ-centered competition we strive for perfection by building character, developing leaders, instilling confidence, teaching life lessons, forming strong relationships, and positively impacting lives.



Goals

The Athletic Department maintains the highest expectations of excellence for student-athletes, coaches, and parents. All Saints is committed to providing student-athletes with a variety of opportunities to learn and benefit from participation by learning to:

- exhibit Christ-like character in their actions, thoughts, and words;
- foster academic, and athletic achievement in students by emphasizing the importance of sacrifice, self-discipline, and dedication to achieving goals;
- encourage leadership skills, strong work ethic, school pride, good sportsmanship, and a healthy understanding of teamwork, competition, and fair play;
- experience success with honor and integrity while recognizing failure as a challenge upon which to improve;
- develop and maintain good relationships with teammates and coaches to enjoy the experiences of being on a team;
- acquire the fundamental athletic skills and techniques of each sport in a progressive planned sequence;
- pursue life long physical fitness, conditioning, and better health habits.

The Athletic Department believes that dedication, hard work, and self-discipline are imperative to the development of quality student-athletes and athletic teams. Each student-athlete who participates in interscholastic athletics is expected to:

- be a worthy representation of teammates, coaches, and the school;
- understand that the desire to be successful must be accompanied by a strong commitment to attendance and hard work in practice;
- intelligently and appropriately express opinions and emotions;
- accept the responsibilities of team membership, including the support of teammates, cooperation with coaches, respectful interactions with opponents, spectators, and officials at all times.



Sports Offered

Fall	Boys Cross Country Football	Girls Cheerleading Cross Country Volleyball
Winter	Boys Basketball Soccer	Girls Basketball Cheerleading Soccer
Spring	Boys Baseball Golf Tennis Track & Field	Girls Golf Softball Tennis Track & Field



Affiliation

All Saints is a member of the Texas Association of Private and Parochial Schools (TAPPS). All coaches, players, parents, and administration fall under TAPPS guidelines. For more information, go to www.tapps.net.

All Saints Middle School athletic teams are members of the Tyler Area Private Schools Athletic Conference.



Communication Expectations

What parents should expect from coaches

- philosophy of the coach
- location and times of practices and games
- coaches expectations of the players and of the team
- team requirements regarding equipment and off-season activities
- team rules and disciplinary action for violation of those rules
- what role parents may play to help the coach or team, i.e. volunteers, transportation, meals, etc.

What student-athletes should expect from coaches

- to be led by a positive Christian role model
- to always place emotional and physical well being ahead of personal desire to win
- to be treated fairly and receive encouragement regardless of the student-athlete's level of ability
- to recognize the contribution that each student-athlete has made to the team
- to never give up on the players or team
- to teach the student-athletes self-discipline, and to develop mental toughness
- to demonstrate enthusiasm, communicate clearly, and to motivate positively
- to provide fair, firm, and consistent discipline that works toward the team goals

What coaches should expect from student-athletes

- arrive on time and be prepared to work hard
- set a positive example in the classroom and on the playing field/court
- be respectful at all times and listen attentively
- always be a team player, remaining loyal to teammates, coaches, and school
- never complain to others until a concern has been discussed with a coach
- keep emotions under control without losing enthusiasm
- avoid negative criticism or blaming teammates
- adhere to all school and team rules
- never react negatively to officials' rulings or calls
- make a commitment to win and lose with honor and integrity

What coaches should expect from parents

- specific information about their child that the coach might need to know
- notification of any scheduling conflicts well in advance
- any appropriate concerns they may have
 - a. concerns to be discussed with the coach
 - i. treatment of their child mentally and physically
 - ii. ways to help their child improve
 - iii. concerns about their child's behavior
 - iv. academic support, college opportunities
 - b. concerns **not** to be discussed
 - i. playing time
 - ii. team strategy
 - iii. other student-athletes
 - iv. player's positions on team

Procedures for addressing a concern

- if the concern starts with your child, have them talk to the coach first
- contact the coach and request a meeting
- if there is no resolution, contact the Director of Athletics and request a meeting
- **it is important not to confront a coach before or after a practice or game.**



Commitment to Athletics

A high level of commitment is expected from everyone who agrees to be part of All Saints athletics. This includes a commitment to be at all practices and games during the season, except in dire circumstances. Family vacations, doctor appointments, and other activities should be planned around all in-season schedules to which a student-athlete has committed. Any time a student-athlete needs to miss a practice or a game, the coach should be notified as far in advance as possible. Excessive absences will result in reduced playing time and could lead to removal from a team.



Absences

School Attendance

Student-athletes who are absent from more than three classes on a school day, will not be permitted to be involved in a school related extracurricular activity on that day or night.

Excused Absences

Student-athletes will not be disciplined for missing practices for legitimate school or family related purposes. To prevent abuse of this policy, the coach and Director of Athletics will review all excuses to determine validity. Coaches will always be flexible, especially as it pertains to academic help. Students, teachers, parents, and coaches should communicate openly to create a practice and study schedule suitable for everyone involved.

Unexcused Absences

Any student-athlete who has an unexcused absence the week of a game will be unable to start any contests which take place that week.

Early Dismissal or Absence Due to Athletic Participation

Student-athletes missing class for athletic reasons are responsible for arranging pick up of assignments before their absence. Any assignments due the day of departure, as well as any long term projects due during the duration of the absence, must be turned in prior to departure. No additional time to complete the work will be allowed. If a student-athlete attends any part of a school day, they are responsible for any assignments due that day in all of their classes.



Physician's Note

Any student-athlete receiving physician's care for an injury or illness which results in loss of practice or game time must provide a note from a physician clearing them to return without restriction to athletic competition. This note must be presented to the head coach upon returning to practice.

Any student-athlete who suffers a loss of consciousness during a practice or game may not resume athletic participation until receiving written clearance from a physician.



Training Room/ Injuries

All Saints Athletics has a trainer on staff for the 2011-2012 school year. This will be the first year Briana Fugitt has served as the All Saints athletic trainer. Ms. Fugitt is licensed athletic trainer by the State of Texas. The athletic trainer is available to assess and treat injuries, correspond with parents regarding medical information, and coordinate treatment with physicians, clinics, and parents.

A new policy is in place for student-athletes needing medical attention or treatment by the Athletic Trainer. Any student-athlete who has been injured or requires evaluation must be in the training room by 7 a.m. This policy applies existing injuries and not to injuries suffered that same day. Unless the situation is deemed an emergency by Ms. Fugitt, student-athletes who do not attend the 7 a.m. treatment assessment will not be treated. Failure to show for a treatment session will be treated like an unexcused absence from practice.

Priority will be given to in-season student-athletes concerning assessment, treatment, and rehabilitation. No student-athletes are allowed in the training room without permission and the training room will not be used as an excuse to miss or arrive late to practice or class without permission from the athletic trainer.



Eligibility

- Student-athletes who receive a failing average (59 or below) in one course or a “D” average (60-69) in two courses on a report card shall be ineligible to participate in sports, other extracurricular or co-curricular activities.
- Eligibility will be determined after the first nine weeks, the first semester, and the third nine weeks. Ineligibility period is stated on the grading calendar. Ineligibility at the end of the first semester will be based on the semester grade.
- All Upper School student-athletes who are declared ineligible due to grades will remain ineligible for three weeks. (Middle School student-athletes will remain ineligible for two weeks) At the end of the designated period, grades will be re-evaluated to determine eligibility. The student-athlete is required to attend tutorials and practices each day for the duration of the ineligibility period. The student-athlete is also required to attend home games and all games that do not require them to miss class time.
- Student-athletes who receive a grade of 75 or below on their report card or progress report will be required to attend tutorials until their grade is brought up to a 76 or above.
- Student-athletes who have been suspended will not be allowed to participate in or attend any extracurricular activities during the term of suspension.
- A physical form, medical-emergency information form, transportation consent form, TAPPS Acknowledgement of Rules Form, and the Parent-Student Acknowledgement form (found at the end of this handbook) must be on file in the Athletic Office before any student-athlete may participate in practice or games for any sport. These forms will be available on the athletic page of the web site also.



Participation Philosophy

ASES discourages athletic specialization in a single sport and strongly encourages the broad participation of each student-athlete in a variety of sports. Specialization is contrary to the core philosophy of ASES, which is meaningful participation in all aspects of student life.



Pre-Season Participation Policy

A student-athlete currently competing in an in-season sport is not allowed to participate in pre-season practices or scrimmages for the next season’s sport.



Team Level Philosophies

The scope of competitive philosophy of team sports at ASES runs the gamut from an emphasis on instruction and participation at the Middle School level to striving to win state championships at the varsity level, with an ungirding foundation of sportsmanship and Christ-like character at every level.

Middle School Teams

At the Middle School level, participation and instruction are the main emphasis. Winning is an important goal, but not at the expense of the team's skill development. Equal playing time is neither a requirement nor a goal. Coaches will ensure that all players receive playing time in each regular season game. The desire and goal to win is present, and will naturally result in the more skilled players receiving more playing time.

Junior Varsity Teams

At the junior varsity (JV) level, the emphasis shifts more toward winning and a higher level of skill development. The main purpose of JV athletics is to prepare student-athletes for varsity competition. At the Upper School level, JV teams will be formed when there are enough participants in a given sport to field a complete team of 9th - 11th grade student-athletes.

Varsity Teams

At the varsity level, coaches should strive to put their teams in the best possible position to win each contest. At the varsity level, the school is most visibly represented, with larger crowds and media coverage. It is also the time that ASES teams compete for District, Bi-District, Area, Regional, and State Championships.



Cut Policy

"Cutting," or the elimination of a student-athlete from an athletic team, can occur for any one of the reasons below.

- Cuts may occur when the number of student-athletes trying out for a particular sport exceeds the size decided by the Director of Athletics and Head Coach. This number will be determined to maximize practice and playing time. By nature, this is a subjective process, and student-athletes will be placed on teams based on the coach's evaluation of competitive abilities. Competitive ability entails more than just physical size; it also includes intangibles such as desire, persistence, coachability, attitude, and potential.
- Cuts may occur if players do not possess the physical ability to experience success at that level of competition in the estimation of the Director of Athletics and Head Coach.
- Cuts may occur if a player is at personal risk of serious injury by continuing to participate in that sport as decided by the Director of Athletics and Head Coach.
- Cuts may occur when the number of uniforms available limits the number of players who may suit up for the team.
- Cuts may occur for disciplinary reasons.

Prior to the season, student-athletes and parents will be notified at the orientation meeting (see next section) of cases where a limited number of spots are available on a team. Coaches will explain the evaluation/try out process at each meeting. In all sports, there will be a minimum three day tryout process. Student-athletes not selected to the team will be informed in a face to face meeting with the coach. The coach will explain why the student-athlete was unable to make the team and what needs to be done to improve their abilities for the next year.

Student-athletes not selected to the team have the following options:

- Try out for another in season sport *immediately*.
- Go to an off-season program.
- Enroll in the strength and conditioning program.



Orientation Meetings

Prior to the beginning of each new athletic season, a mandatory parent orientation meeting will be held with the coaches of in-season sports. The meeting will review policies, hand out schedules for games and practices, discuss expectations, explain tryout and evaluation processes, and answer any questions. These orientation meetings are designed as informational to ensure everyone is up to date as the season begins.



Daily and Weekly Schedule Updates

All game schedules remain dynamic and are therefore subject to change. It is critical that parents of All Saints student-athletes familiarize themselves with the athletic page of the All Saints web site, www.all-saints.org. On inclement weather days, the athletic “week at a glance” will be continually updated with the most up to date information until 4:30 p.m. excluding weekends and holidays. Team schedules will be updated on the web site as changes occur throughout the season.



Student-Athlete Attire

It is our goal for ASES student-athletes to represent our school with honor, class, and to set a positive example both on and off the playing field/court.

Equipment/Uniforms

Student-athletes are responsible for uniforms issued by the school. The student-athlete must pay for any lost, damaged, or stolen uniform articles. They will not be issued a uniform in another sport until the previously issued uniforms have been returned or reimbursement has been received by the coach.

Practice Attire

All student-athletes are required to wear school colors to practice sessions. School colors are blue, black, grey, and white. All Upper School student-athletes are required to purchase one set of adidas practice uniforms. All Middle School student-athletes are required to purchase one set of grey adidas sweats.

Game Day & Travel Attire (Upper School Only)

Each team will have Chapel uniforms, an adidas warm-up suit, a dri-fit polo, and a hoodie. All of our student-athletes will be required to wear travel dress. The coach will inform their players and parents of required dress for individual games.



Transportation

ASES will provide transportation to all athletic contests which do not take place on the All Saints campus. Student-athletes are required to travel with their coaches and team. If a student-athlete will not be returning to campus with the team, written permission must be given to the coach by the parent.



Overnight Trips

Overnight trips are bonding opportunities for teams and are not considered vacations. The focus of the trip should be to ensure the team’s success during the athletic contest. ASES will provide transportation for all overnight trips, but student-athletes will pay for their lodging, food, and incidental expenses. During overnight trips, all team members must participate in the activities planned by the coach. Student-athletes are not permitted to make charges to their hotel rooms. Student-athletes who break team rules may be sent home at any time during an overnight trip. It will be the responsibility of the student-athlete’s parent to pick up the student in a timely manner.



Code of Sportsmanship

ASES expects our coaches, players, students, faculty, staff, and administration to represent All Saints in a manner that is respectful of others, both on and off the playing field/court. We desire to maintain the highest levels of decency, discipline, and sportsmanship at all times



Tobacco, Alcohol, and Drug Policy

All Saints is a tobacco free, drug free, and weapon free campus. Student-athletes caught using, possessing, selling, and/or distributing tobacco, alcoholic beverages, weapons, or illegal drugs will be suspended from athletics for a minimum of one month, effective the day the suspension is handed down. Student-athletes violating this policy on athletics trips or on school grounds will also be subject to school disciplinary action. A meeting with the student-athlete, parents, coach, and Director of Athletics will be held and the student-athlete must complete a series of conditioning sessions before the athlete will be reinstated to the athletic program. A second violation of the policy, within a school year, will result in an eight month suspension from the All Saints athletic program. A third violation will lead to an immediate and permanent expulsion from the All Saints athletic program.



Hazing

Hazing is considered to be any intentional and reckless act that humiliates, degrades, abuses, or endangers a person's physical or mental health for the purpose of team initiation into or affiliation with an organization, regardless of that person's willingness to participate. Hazing by an individual or team is not permitted in any form and will not be tolerated. Student-athletes who participate in hazing will be punished by penalties that may include dismissal from the team. They will also be subject to school disciplinary action.



Removal from Contest

Any student ejected from a contest:

- will be suspended from the next scheduled contest;
- will pay all required TAPPS fees on the day after the ejection occurs (fees range from \$50 - \$250)



Quitting a Team

ASES strongly discourages any student-athletes from quitting a sport. Any student-athlete who quits will not be allowed to join another sport until the previous sport's season has ended. Those who quit will join the strength and conditioning program until the end of the season.



Dismissal from a Team

In the event, a student-athlete is dismissed from a team due to a violation of ASES or athletic policy, or dismissal by a Head Coach due to team rules violations, attitude problem, etc, the AD will make a determination regarding additional participation. No student-athlete will be dismissed from a team without a conference with the parents, student-athlete, head coach, and AD.



NCAA Requirements

Any student-athlete intending to participate in athletics at the college level should become familiar with the NCAA regulations concerning eligibility, standings, academic requirements, recruiting limitations, and

clearinghouse registration. To learn more about these topics, see the head coach, Director of Athletics, or Director of Academic & College Advising. NCAA Clearinghouse guidelines are available in the college counseling office or the NCAA web site, www.ncaa.org.



Team Parties

At the end of each season, each sport will have a post-season party. This party will provide the coach, players, and parents an opportunity to reflect on highlights of the season. The coaches will recognize team and individual accomplishments.



Award Banquets

In May of each year, All Saints will host a formal Athletic Banquet for all Upper School student-athletes. At this banquet, we will recognize team accomplishments, players who received post season honors, and announce the Trojan Spirit Award recipients.



Athletic Booster Club

Athletic Booster Club is responsible for enhancing and supplementing the All Saints athletic program. It is necessary and required for all parents who have children participating in athletics to help by donating their time and talents to help facilitate the athletic program.



Varsity Letters

Athletic letters recognize members of the varsity team who have had a significant contribution to the program during a season or career at ASES. Letters will be awarded to any student-athlete who fulfills all of the below requirements and completes their season on a varsity squad.

Baseball

One or more of the following: 10 plate appearances, 5 pitching appearances, playing in 50% of the regular season games

Basketball

Playing in 50% of games during the regular season

Cheerleading

Participating in 80% or more of practices, games, and meetings

Cross Country

Participating as a varsity runner in at least 2 meeting during the regular season

Football

Participating in 50% of games during the regular season

Golf

Participating in two varsity tournaments during the regular season

Soccer

Playing in 50% of games during the regular season

Softball

Playing in 50% of games during the regular season

Tennis

Playing in 50% of matches during the regular season

Track and Field

Participating in 50% of meets during the varsity season or scoring points at a varsity or district meet.

Volleyball

Playing in 50% of games during the regular season or playing on varsity squad for two years

Please Note: Student-athletes, who make a significant contribution during district or post season play, may be considered for a varsity letter without fulfilling the standards of regular season play.



Club Sports

The Athletic Department recognizes the value of club sports for the development of sport specific skills. The school sports program must be first priority and the student-athlete should not participate in a club sport that will cause absence from required practices and games. If conflicts occur, the school sport will take precedent. Failure to comply with this policy may result in suspension or removal from the school sponsored team.



Cheerleading

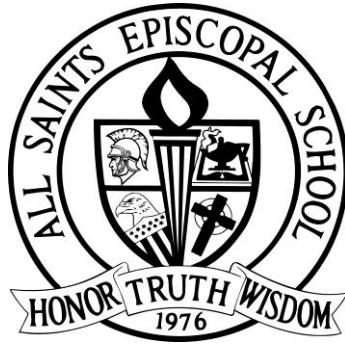
The ASES Cheerleading Squads are groups of talented student-athletes whose main objectives are to support All Saints athletic teams and increase school spirit. ASES offers both Middle and Upper School cheerleading squads. Both squads will have try outs in March of each year. Those trying out for cheerleading incoming 7th - 12th grades will be evaluated by outside judges. ASES Cheerleaders will attend a summer cheer camp and are responsible for all costs incurred and associated with cheerleading.



Athletic Contact Information

Director of Athletics	Eddie Francis	efrancis@all-saints.org
Assistant Director of Athletics	Luke Yarbrough	lyarbrough@all-saints.org
Assistant to the Director of Athletics	Jeremey Bernard	Jeremey.bernard@all-saints.org
Athletic Office Phone	903.579.6029	
Athletic Fax	903.579.6021	
Athletic Trainer	Briana Fugitt	bfugitt@all-saints.org
Baseball	Jerry Courtney	jcourtney@all-saints.org
Girls Basketball	Karen Lanford	klanford@all-saints.org
Boys Basketball	Gary Surratt	gsurratt@all-saints.org
Cheerleading (Head Coach)	Julie Bernard	jbernard@all-saints.org
Girls & Boys Cross Country	Jenny Glenn	jglenn@all-saints.org
Football	Bret Atkins	batkins@all-saints.org
Girls & Boys Golf	Geoff Sherman	gsherman@all-saints.org
Girls Soccer	Geoff Sherman	gsherman@all-saints.org
Boys Soccer	Geoff Sherman	gsherman@all-saints.org
Softball	Nick Champion	nchampion@all-saints.org
Girls & Boys Tennis	Andrea Booth	netxpro@suddenlink.net
Girls Track and Field	Cristy O'Bannon	cobannon@all-saints.org
Boys Track and Field	Scott Witcher	switcher@all-saints.org
Volleyball	Cristy O'Bannon	cobannon@all-saints.org

ALL SAINTS EPISCOPAL SCHOOL



Athletic Department

Handbook

2011 – 2012

Parent-Student Acknowledgement

I have received the 2011 - 2012 All Saints Episcopal School Athletic Handbook. I have read and understand the policies and procedures of this document. I understand that my son/daughter must follow the guidelines of this Athletic Handbook in order to participate in the All Saints Athletic Program.

I also have read and understand the policies and procedures of this document as they pertain to parents.

Parent Name: _____

Parent Signature: _____

Date: _____

I understand that I must follow the guidelines set out in this Athletic Handbook in order to participate in the All Saints Athletic Program.

Student Name: : _____

Student Signature: _____

Date: _____

This document must be signed and returned to the Athletic Office prior to any student-athlete's participation in practice.